



## **VIVE**

### **RECUMBENT BIKE**

**RHB1092BLG**

Providing low-impact cardio exercise, the Vive Recumbent Bike features a smooth and quiet pedal motion with eight magnetic resistance levels for customization. The stationary bike includes an easy to read LCD screen for tracking each workout, providing time, distance, speed and more and allows you to set time, distance and even targeted heart rate goals for each session. The recumbent bike seat and backrest are ergonomically designed for optimal support and generously padded for greater comfort. The recumbent bike safely supports up to 220 pounds.

#### **SPECIFICATIONS**

What's included:

- Vive Recumbent Bike

Materials:

- Steel frame
- Composite seat with foam padding

Power:

- Display screen: two AAA batteries

Dimensions:

- Total length: 56.69"
- Width at widest point: 23.82"
- Height : 40.55"
- Total weight: 56.64 pounds

Care:

- Wipe the recumbent bike down with a damp cloth and mild cleaner.
- Do not use harsh chemicals or abrasive cleaners.

**Call now!**

or send us an e-mail  
now to find out more!



portal.vivehealth.com



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### LOW IMPACT EXERCISE

Minimizes back, shoulder and neck fatigue.



### 8 RESISTANCE LEVELS

Easily adjust the tension knob for progressive workouts.



### SUPPORTS UP TO 220 POUNDS

Length comfortably adjusts to fit anyone 5'2" and up.

### ADJUSTABLE STEP THROUGH DESIGN

Easy on both the back and knees, the Vive recumbent bike provides low-impact cardiovascular exercise that also supports the spine to minimize fatigue in the back, shoulders and neck. The step-through bike is easy to mount and dismount without overextending the leg or hip and is also adjustable to comfortably fit those 5'2" and up.

### EIGHT RESISTANCE LEVELS

Featuring a smooth, quiet motion, the Vive recumbent bike includes eight resistance levels for progressive workouts. Controlled with a magnetic tension knob, the resistance levels are easy to adjust to simulate different terrains and customizable workouts.

### MULTI-FUNCTIONAL DISPLAY

Setting goals for target heart rate, distance, time and more, the recumbent bike features an easy to use LCD display. View the time elapsed, individual workout distance, speed, calories burned, pulse, and lifetime distance. Utilizing the pulse sensors located on the lower handlebars, the screen will also display your current pulse rate. End each workout with a 1-minute recovery session to cool down with the recovery mode button.

### CUSHIONED SEATING

Ergonomically designed for optimal support, the Vive Recumbent Bike features a comfortably padded seat and backrest with additional support for the lower spine. Both the upper and lower handlebars are lined with cushioning foam for a comfortable grip.



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